

Motivational speech & Health & Hygiene awareness programme by DR. SUGANYA SARAVANAKUMAR.

First Session

Chief Guest : DR. SUGANYA SARAVANAKUMAR MBBS, MD OG

Date : 24.01.2023

Venue : Brotherhood Matriculation Higher secondary school.

Time : 10am To 11am.

Attendees : Students of 10th std to 12th std (Boys & Girls)

Topic : Motivational speech

Key Points

- a. Successful story of Chief Guest.
- b. Obedience to Parents & Teachers.
- c. Reducing the usage of Mobile phones.
- d. Realization and acceptance in life.
- e. Importance of Time.
- f. Questions session.

Second Session

Time : 11:15 am To 12:30am.

Attendees : Students of 8th std to 12th std (Only Girls)

Topic : Health & Hygiene Awareness programme

Key Points

- a. Hair falls control
- b. Reduce Pimples
- c. Mensuration cycle.
- d. Safe dispose of napkins.
- e. Inferiority complex
- f. Question session.